Please CIRCLE your menu choices & return 1 copy with our driver & keep 2nd copy for yourself

Printed: 17/12/2025

Meals on Wheels

Menu Start: **29/12/2025**

Name:

Address:

PostCode:

Tel:

		Monday 29 Dec	Tuesday 30 Dec	Wednesday 31 Dec	Thursday 01 Jan	Friday 02 Jan	Saturday 03 Jan	Sunday 04 Jan
WEEK 1	Option 1	Steak Pudding	Chicken Chasseur	Minced Beef and Onion Pie	Savoury Mince & Herb Dumplings	Fish in Parsley Sauce	Meat & Potatoe Pie	Roast Beef
	Option 2	Penne Pasta Arrabiata	Broccoli & Stilton Quiche	Vegetable Curry	Cheese & Onion Quiche	Samosas	Vegetable Sausage & Mash	Pumpkin & Sage Risotto
	Dessert	Chocolate Brownie with Cream	Spiced Ginger Cake & Cream	Fresh Fruit Meringue	Lemon Sponge & Custard	Fruit Crumble & Custard	Black Forest Sundae	Chocolate Fudge Cake
	PLUS	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
		Monday 05 Jan	**Tuesday 06 Jan**	**Wednesday 07 Jan**	**Thursday 08 Jan**	**Friday 09 Jan**	**Saturday 10 Jan**	**Sunday 11 Jan**
WEEK 2	Option 1	Lancashire Hot Pot	Honey Roast Gammon	Steak & Ale Pie	Roast Pork	Braised Beef & Carrots	Sausage Casserole	Roast Turkey
	Option 2	Vegatable Bolognese	Sweet Potatoe & Spinach Curry	Bubble & Squeak with Onion Gravy	Macaroni Cheese	Leek & Mushroom Quiche	Creamy Vegetable Pasta Bake	Mushroom and Goats Cheese Tart
	Dessert	Cherry Scone	Syrup Sponge & Custard	Peaches and Cream	Lemon Drizzle Cake	Fruit Sundae	Caramel Cheesecake	Fruit Jelly & Cream
	PLUS	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
		Monday 12 Jan	**Tuesday 13 Jan**	**Wednesday 14 Jan**	**Thursday 15 Jan**	**Friday 16 Jan**	**Saturday 17 Jan**	**Sunday 18 Jan**
WEEK 3	Option 1	Homemade Sausage Roll, Mash & Beans	Beef in Red Wine	Roast Chicken	Cottage Pie	Fish in Butter Sauce	Chicken Stew & Dumplings	Roast Beef
	Option 2	Stuffed Cheesy Jacket & Beans	Red Pepper Risotto	Cheese & Onion Pie	Carrot Dhal & Rice	Cauliflower Cheese Bake	Tomatoe & Basil Pasta	Veggie Sausage & Yorkshires
	Dessert	Sherry Trifle	Fruit Crumble & Custard	Strawberry Mousse	Sticky Toffee Pudding & Custard	Strawberries & Cream	Victoria Sponge	Fruit Cheesecake
	PLUS	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
		Monday 19 Jan	**Tuesday 20 Jan**	**Wednesday 21 Jan**	**Thursday 22 Jan**	**Friday 23 Jan**	**Saturday 24 Jan**	**Sunday 25 Jan**
WEEK 4	Option 1	Brisket & Potatoe Pie	Roast Pork	Honey Glazed Ham	Minced Beef and Onion Pie	Fresh Salmon Mornay	Honey Roast Gammon	Roast Chicken
	Option 2	Bubble & Squeak with Onion Gravy	Brie & Cranberry Tart	Veggie Sausage and Onion Gravy	Brie & Cranberry Tart	Creamy Cauliflower & Chestnut Cottage Pie	Spiced Lentil Loaf with Red Pepper Sauce	Cheesy Mash & Beans
	Dessert	Homemade Scone with Cream & Jam	Fruit Crumble & Custard	Sherry Trifle	Chocolate Sponge & Custard	Lemon Meringue	Chocolate Mousse	Toffee Cheesecake
	PLUS	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea